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| **Late September SignUpGenius & Junior Novices** |

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| Good Morning, Fall season is in full swing! Even with more and more bubbles coming online and practicing with one another, we still have plenty of room for experienced rowers to get together with their friends and teammates to get on the water in doubles, quads, and coxed fours! If you're interested in getting on the water, make sure to fill out our [Voluntary Quarantine Grouping "Bubble" form](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOgyUTf-oYgPhAVcAq3HLOpnMDt5Fi0YZcVbRJL9rqoKJF-3SvpPTlP9SvqEWPz-xg8NJqDB1o2N8uwu1QevVb_5UvJhUsaELsP-H1DDlGQOA&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==) decide how many days a week you want to row and [GET REGISTERED on Regatta Central](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOuukcZ45AXanekzDJ2xyt5uaR9XD25IHoKSftJsvH6cQlj5ZfevO-BeN7curWoHr8zIjZ3mJ5R_lrF3LBuM6qL0t8PDRsmqpo6f9eqYtKZG3nepoZkx-rEL3xO2poksE1Vronl8tmeI1&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==). Those of you who are already rowing can also find our new [Morning](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOgyUTf-oYgPhKg8ZulgXnVk0gTgrwp9N7fUAr-7cC39EJvrutqpIFkbt6UXi8-3aR3Hs3g1Ahw2J0YxN5Vp2MU5SzTiAyaX-eFj1TnHg_T2jd4Uxp3f4QdIsuFMldSHnWQJCZQy8A1ng&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==) and [Evening](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOgyUTf-oYgPhRjpGfCNYkymcczud5s6fdc2Nz_hlE5hMrI2ZsfiswUcGzYxTNnsy9sblqRnYvx_WUxdXIypQ9scnbLRqmltDuvR3bbAr_IuxbPJ5ob-wxJkcd71IwGKXjvjGBFW0kR-P&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==) SignUpGenius links here.Also, starting this Monday, September 14th we will begin running a Novice (Learn-to-Row&Learn-to-Scull) program for all juniors (High School or under) with less than a year of experience who are looking to learn to row this fall! Practices will be between 3:30 and 5:00pm on Mondays, Wednesdays, and Fridays until October 31st. If you or some one you know is interested in learning to row this fall at HRRA, make sure to [sign up for our Novice Junior program](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOhf5yRByZLJUZLX76a5nTO-UZU3Y0SfITyENi6wn6BtZeVw1g0Q1nK7nad4J5fHrFaEB6Q_o9gWblxMeWGnquwy68nuSbYlMQqK5oMfFsx1B5urfs5I7k9Pgi8hhf4-walgUsaGy6xqdRGP-6np8zGE=&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==) today! Don't forget to bring your [HRRA COVID waiver](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOgyUTf-oYgPhg3MHaYeS6lnshaGUQKKW_wuVn1U-W98Eksd3GwC4z5T3O6E4ELxZ32H5ETSIoYfuffdjYBI_h6zDpTgn59difToZrzUm4JhAiAnqkrnHnmPi8doKnDbFkv-tugPKqJuQZvS-0FFk_S1KcvlRsfl26OZq5WIiZoIE00rJzlGKMSM=&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==) in a sealed envelope with your name and phone number on it and remember to **READ**and**FOLLOW**our [COVID Specific rules](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOvh8YjVzNYMgNkF1GXYefRcumUZ6lKcfKD_XcsELooHNogVt8-4RVlbCrZD-iE_Wse3k75fHEs75-JI-pRZGPj-schMNlGZOJmMQf07vzJrYll04FzkoI2g5roHyj7nOO31aMpf-O9pTPuzyLmov-V_HoDdpSAD75LVmm3wDWSJFrV__exsdzP4=&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==) before you come down to practice.Please spread the word to people you may know are interested, and direct any questions you may have to hrracoach@gmail.com. We look forward to seeing you all out on the water soon!**Hudson River Rowing Association**[www.hudsonriverrowing.org](http://r20.rs6.net/tn.jsp?f=001L-r8agKEEq6ITAdnFTJJlhuecCFyjbrjAQlrGOQ9p_f2P4JrQgwHOviLmlyLprQnfKRYLsVgUCZ23n2LqcKXPiLufN0wnJ-xCotlqFYVTaICUO71o-O6iGOPWa-kycUGv2cn18_tTD-1EQlYTDAg9rPQ1PPpyuVu&c=H6DMTGlC5MIqPv-O1QqMZ_6jWJ_V665PYrNXrzuj9e1jL6j0Nibtvw==&ch=t4FAby9YaxZx26uYFh6dPyKL6r3ZNQ4L5DIykWgJHzkYaPZx5C4pxQ==) |
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| **HRRA Board & Staff** |

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| **Executive Board**President - Josh StrattonVice President - Anna SisungSecretary - Brian NobleTreasurer - Harry Harrington |

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| **Members - At - Large-** Sue Cerulli, Kate Guinan, Erik Haight, Nikki Hughes, Kim Kochem, Matt Rignanese, Mike Smith |

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| HRRA Director of Rowing and Head Coach- Jacob Jordan **hrracoach@gmail.com**HRRA Boathouse Manager - Matt Rignanese - [**hrrabg@gmail.com**](http://r20.rs6.net/tn.jsp?f=001hmdIiwQR38q1q5eEjWS4jLD8kE6fbMUeA3cVoMzJETh6L8GcTRQ5aGKKZxePofhxCnoPURmaGjgoTfcClHkSo_uzRL22YtCylsuMc6FyMXOnmN-NpQBR8cyRMcStHzK6IMP0WBFWSiM2NFG5rg1NGomkHH5IFL0-CD1TkTjj-L4=&c=sMUXdpPAx7D5_2lQOQ_7dPGoM66QJOE0m7IHBzNCpRC5rZTarz-Jdg==&ch=g7cUHYBEGZHgHh_2OsCatE69ntsDWwAGS03Q-zS-0XmIDcmmFLBidw==)HRRA Office - Analisa Meier-  [**hrraoffice@gmail.com**](http://r20.rs6.net/tn.jsp?f=001hmdIiwQR38q1q5eEjWS4jLD8kE6fbMUeA3cVoMzJETh6L8GcTRQ5aIFigCzDM18fTRXDfR14jUlc4js03bZGqMy5UNpYGS2ChJtfNo4DCW89NTtRuEQpIENY4MntVdPPrnYQ5JZN-L3LrXOPsg9AK8p8XTscz_g3xZrT4VFDTn_U-Qgae04Xyg==&c=sMUXdpPAx7D5_2lQOQ_7dPGoM66QJOE0m7IHBzNCpRC5rZTarz-Jdg==&ch=g7cUHYBEGZHgHh_2OsCatE69ntsDWwAGS03Q-zS-0XmIDcmmFLBidw==) Boathouse Rentals: Analisa Meier [**hrraboathouse@gmail.com**](http://r20.rs6.net/tn.jsp?f=001hmdIiwQR38q1q5eEjWS4jLD8kE6fbMUeA3cVoMzJETh6L8GcTRQ5aAO9lsF1Nrz09o6WV8-TniNgTMZbAisPggiiSaHUJX33ocKtzKaePqQwksDJSQUpjbUT3JW_3SR_tsWhCKmUPqHXtJMVoA-ePL8UA6OOSwjy9oRQtBe8EVotImphTB4_Fw==&c=sMUXdpPAx7D5_2lQOQ_7dPGoM66QJOE0m7IHBzNCpRC5rZTarz-Jdg==&ch=g7cUHYBEGZHgHh_2OsCatE69ntsDWwAGS03Q-zS-0XmIDcmmFLBidw==)Programs Contact:  [**hrraprograms@gmail.com**](http://r20.rs6.net/tn.jsp?f=001hmdIiwQR38q1q5eEjWS4jLD8kE6fbMUeA3cVoMzJETh6L8GcTRQ5aLhLtjqs_Dp1rxknX4V0u--4Pl_OrLW5NYOZ5EOj_tPxO84HUEMLTKNFNMBgZjsmRxzHB1TGOAxVIGBloH92irNLvVbiNriUuylBQ_PM6kDRuepSG5c0RmcRt9AOLOf6MQ==&c=sMUXdpPAx7D5_2lQOQ_7dPGoM66QJOE0m7IHBzNCpRC5rZTarz-Jdg==&ch=g7cUHYBEGZHgHh_2OsCatE69ntsDWwAGS03Q-zS-0XmIDcmmFLBidw==) |

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| Hudson River Rowing Association | 270 N. Water St., Poughkeepsie, NY 12603 |

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