



Arlington Invitational Erg Race

March 11, 2017

Arlington High School: gyms 5,6,7 (back of the building)

Registration: 8-9am

\$15 per rower, \$12 if 20 or more from the same team

Race: 9am-1pm

2k Event

Categories: Modified: grade 7 & 8

Novice: a rower in his/her first calendar year of rowing

Lightweight: male – 155 lbs.

female – 135 lbs.

Junior: gr. 9-12 students, weighing above lightweight levels

Coxswain race

Team Relay- 4 rowers per race

Medals to be awarded for first, second, and third places for male and female of each category with 5 or more rowers. Team plaque to be awarded to team earning the most points earned throughout the race.

Medals and plaque to be awarded at the completion of all races.

Available for purchase throughout the event

Hot and cold beverages

Breakfast

Snacks

Lunch

Event t-shirts (\$20.00)

HRRRA seasonal parking passes

Registration: event list with rowers' names, and confirmation that they have signed USRowing Waiver sent to carolynedick@verizon.net, by March 6th

Payment: checks and purchase orders can be brought to the race