



WCC Erg A Thon 2022

Rowers & Parents

Thank you for participating in our 10th Annual Erg A Thon on Sunday February 27th! The Poughkeepsie Galleria is great to work with. We have received donations from some great stores – so please shop there throughout the year. Thank them for their donation to the crew club – they like to hear the feedback!

Money will also be collected up to the at the Parent Meeting on Wednesday March 9th. Please let Trudi (Erg Chair) or Rae (Club Treasurer) know if you have additional monies coming in.

Checks should be made out to WCC. Please put rower name in memo line. Or if you can collect all the monies and write one check to WCC. Please put the Pledge Sheet & Checks in a sealed envelope. Put your name on the OUTSIDE of the envelope and bring to event.

How to Sign Up Please visit [Ergathon Sign Up Genius Link](#) to sign up.

Volunteers & Rowers – please sign up for a two hour slot on-line. Any questions email wccwinning@gmail.com

Parent Rowers – There is a \$10 Donation fee to enter. The fastest 500M Male/Female time will win a prize. Sign up for a slot on-line. Parents that enter will be filling in between rowers during the event. Any questions email wccwinning@gmail.com

Parent Volunteers - sign up for the same two hour slots as your rower. Any questions email wccwinning@gmail.com

A few volunteers are needed Sunday at 10 am to meet Coach Matt to unload ergs and setup, etc.

Rowing event begins at 11am.

What to Wear

Varsity – any team apparel that you may have (tshirts, sweatshirts, uni under t-shirts) If you do not wear your Uni uniform, wear spandex shorts with tshirt for rowing.

Novice – please wear spandex shorts, pants, capris – so they won't get caught in the tracks of the ergs. Wear school shirts of your home school – we realize that you don't yet have team gear yet.

Both - Bring plenty of water. Bring your smiles & team spirit! Be comfortable and have fun. Remember that you are representing the team and your schools, code of conduct applies.

Days Events

10am – 11am - VOLUNTEERS to set up including Ergs and Raffle Tables, pick up balloons.

11am – 3 pm Rowers row and have fun

Parents and Rowers sell raffle tickets. Share information about the club and rowing

Rowers - COMMUNITY SERVICE HOURS WILL BE GIVEN.

3:00 pm Start pulling raffle winners, call winners, distribute prizes, start breakdown

4:00 pm End of another great event

Where to Go

Poughkeepsie Galleria Center Court.

While At The Mall

Every participant is expected to be respectful of each other and mall property. WCC Code of Ethics applies.

Sign In

Go to the table past the Ergs to

- Sign In & get a name tag
- Give your pledge sheet and money envelopes to the assigned person
- There will be rope buckets under the sign in table for your bags

You will receive

- Erg Assignment
- Make sure to mark the start and end distance (required) and time (if you are curious)
- You are not required to erg all the meters at once!!! Pace yourself,

We will be keeping track of

- Individual erg distance
- each erg distance per hour
- total distance (of all the ergs) per hour and
- total meters erged for the event and
- Number of rowers participating

If you are waiting (or done), encourage those that are erging, introduce yourself to those around you, etc..

In case of delay or cancellation, an Alert on TeamSnap will be sent out and an email notification.

Questions? Rowers contact your Team Captains, Parents – email wccwinning@gmail.com or message on TeamSnap.
Thank you!