

WAPPINGERS  
CREW CLUB, INC.

2020 COACHING  
STAFF

- Head Coach,  
Novice Boys Coach  
& Adviser-  
Pat Hancock
- Varsity Boys Coach-  
Matt Stufano ('12)
- Varsity Girls Coach  
– Elizabeth  
Schlusser ('13)
- Assistant  
Varsity Boys Coach  
– Steven Bocchino  
(‘14)
- JV Boys Coach–  
Jason Miller ('13)
- Novice Girls Coach  
– Megan Smith ('13)
- Assistant Novice  
Boys Coach—John  
Sierzdzinski ('19)

INSIDE THIS  
ISSUE:

Safety Upgrade	1
President's Report	2
Outlook: Varsity Boys	2
Outlook: Varsity Girls	3
Fall Learn to Row– 2019-20	3
Donations	4
2020 Team Schedule	4

# Wappingers Waves

VOLUME 2, ISSUE 1

FEBRUARY 2020

## Safety Upgrade

Greetings one and all...**Coach Hancock** here (still!) We hope you enjoyed the inaugural year of *Wappingers Waves*. Welcome to Volume 2! Our goal is to keep you informed about the doings of the team, our progress, race information and important dates!

As you all know, on occasion the Hudson River can act up suddenly. At such times it is imperative that our program has the equipment and “know-how” to get all of our athletes safely back to land. In the wake of past incidents, our Board of Directors, at the urging of our coaches, is now undertaking an upgrade and/or replacement of the launches and outboard motors used by the coaches during practice.

We believe it is appropriate that the launches be at least 14' in length with deep transoms and either a “deep-V” bow or “modified-V” bow (no jon boats.) This is an upgrade from several of our launches which are only 12 feet long with standard transoms. The new launches will be fitted with 15 H.P. long shaft engines, an upgrade from the 9.9 H.P. standard shaft engines now used on most of our launches. The launches are fitted with the usual required safety equipment including fire extinguisher, throw rope, horn, tow rope, first aid kit, flag, and walkie talkies (as well as cell phones.) Most important, we carry a PFD for every person on the water (including the coaches).

### WE NEED YOUR HELP!!

Please consider a tax deductible gift to Wappingers Crew Club, Inc. We would be happy to put your name on any launch, engine, crew shell, ergometer or oar that you may donate. You may specify what you want your donation to purchase or you may indicate “general fund”. The need for repairs, spare parts, gas, insurance, etc. is constant. For the record, here is some approximate pricing for some bigger ticket items:

14' aluminum launch, modified v, deep transom- **\$3,000**  
Long shaft, Mercury engine, 15 H.P- **\$2,500**  
Oars, concept 2- **\$400 each**  
Ergometers- **\$1,500**  
4 oared shell- **\$25,000**  
8 oared shell- **\$35,000**

In some cases, such as ergs, racing shells, and launches, we do our best to shop for used items. Sometimes we find what we need, sometimes not.

Your gift would be most welcome. If the prices seem out of reach, consider teaming together as a boat or as a class and make a combined gift. You are still part of the team. Your help will continue the legacy that you helped build.

All the Best,

Coach Hancock



# President's Report

Coach Hancock with the new novice at Learn to Row!



Hi everyone! Let me introduce myself. My name is Jennifer Gilmore and I am the new President of the Wappingers Crew Club. We have a lot going on as we are about to begin the new season. We are all very excited for 2020.

I ask for your support so we are able to get new equipment and needed items for the kids so we

may retain our competitive edge and remain champions of HVRL. Anything you can give helps us tremendously! We were able to buy a used 8 boat from Vassar College for the varsity girls, and we hope to be able to continue to make these additions as the years go on.

Our race season is almost here and we are looking

forward to it. Thanks so much to all those that helped us last year.

Remember tax season is right around the corner and any tax deductible gift you can give us is greatly appreciated.

Thanks in advance,

Jen Gilmore

WCC President

# Outlook: Varsity Boys

Welcome to Volume 2 of the WCC Alumni Newsletter.

Last season the varsity boys led by Coach Steven Bocchino ('14) and I accomplished our main goal of winning the HVRL Championships. It was an incredible achievement and we were so proud of our team. We only graduated two seniors, so a repeat of that success is definitely on our minds.

Many of this year's seniors have been training all summer and fall in preparation for their final spring season as high schoolers. Many of them have State Championship aspirations- Coach Steve and I will definitely oblige and

push them toward that ultimate goal.

Last year for the first time in WCC history, we were large & competitive enough to have a Junior Varsity Boys team, coached by Jason Miller ('13). Just as we had hoped, the JV Boys pushed the Varsity for their seats each day and as a result made the entire boy's program faster. We had a few JV athletes get called up to varsity as the season went on in 2019 and Coach Jason looks forward to potentially having a few do so again in 2020.

As for our incoming novice class, Coach Hancock sends a few very promising athletes up to the V/JV ranks. The incoming class will look to hone their skills during their

first varsity year. All younger rowers will need to have an eye on the future as we plan to graduate 13 seniors this year. There will be rather large shoes that need to be filled and the entire boys team needs to strive to send the seniors off with a great final season.

-Coach Matt 'Stuf' Stufano ('12)

### 2020 Captains

Daniel Sweeney ('20)  
Alex Hicks ('20)

### 2019 Season Highlights **HVRL Champions**

### **Dutchess Cup Champions**

### **NYS Championships**

- Boys Junior 8- Grand Final & 2nd in Club Category
- Boys Lightweight 4-Grand Final
- Boys Freshman 4 -3rd Overall

*"Please consider a tax deductible gift to Wappingers Crew Club, Inc. We would be happy to put your name on any launch, engine, crew shell, ergometer or oar that you may donate."*

**- Coach Hancock**

### **Our current fleet!**

(Top to bottom - The Stangl, The Love, The Athena, The 7th Year, The Rausch, The Musco Rhuda, & the Kolb)



# Outlook: Varsity Girls

Hey all! Last year the 2019 cohort of novice girls were phenomenal to work with! This year I am fortunate enough to graduate from novice to varsity along with my club state champion 8 from last season. I am thrilled to take on the role of Varsity Girls Coach and continue cultivating such a talented group of athletes!

As we moved toward the end of the 2019 season, Coach Kenny Anderson incorporated some of my novice girls into his lineups. As a result, he was able to fill out a number of categories at HVRL Champs. This year I am excited to see what we can do considering our success last season.

In other exciting news, we purchased a girls lightweight boat from Vassar College. Since 2013, the varsity girls

rowed in the '7th Year' (a midweight boat). However, the vast majority of the current/incoming varsity girls are lightweight rowers, so a lighter boat for them to race in was at the top of our off-season to-do list. We are hoping the lighter boat will help them move faster through the water. The women of Wappingers Crew Club have a bright future ahead of them and I'm so grateful that I get to be apart of it.

Our goals this year include winning locally, presenting competitively at away races, and building team rapport throughout the season. Entering into 2020, the Varsity and novice girls have 22 athletes and are looking to stay competitive as well as build on our success from last year. It is with great pleasure and excitement that I introduce to you, my replacement as nov-

ice girls coach, WCC alum circa 2013, my former bow seat and dear friend, Megan Smith! Megan and I look forward to working together to develop a women's team that systematically ensures success for many seasons to come, on as well as off the water!

Hoping to see you at the Boat-house!

-Coach Elizabeth Schlusser ('13)

### 2020 Captains

Meagan Reilly ('20)  
Annabelle Quimby ('21)

### 2019 Season Highlights HVRL- 3rd Place

**Dutchess Cup-** 2nd Place

### **NYS Championships**

-Girls Lightweight 4- Petit Final  
1st Place  
-Girls Novice 8 - 3rd in Club  
Category

***"You are still part of the team. Your help will continue the legacy that you helped build.***

***All the Best"***

***-Coach Hancock***

# Fall Learn to Row 2019-20

We are always looking for new rowers. This year was no exception. In recent years we have graduated a large number of girls from the program and this year we expect to graduate a large number of boys. The need for new rowers was more keenly felt this year.

We started at the student orientations held at both high schools and both junior highs. Members of the varsity teams were out in full force with a Vespoli "4" as

their visual aid. In the weeks ahead we held erg sessions at each of the high schools and eventually on at Sharpe Reservation. We had about six weeks at Sharpe. Compared to other groups, this batch of novices learned more quickly than most. Every Wednesday and Saturday they improved on the water. Thankfully, the temperatures remained mild well into the Fall.

Before it was all over, all athletes had a chance to row "all 8" on more than one oc-

casion. We finished with about two "8s" of boys, and more than one "8" of girls.

In addition to new novice girls coach Megan Smith, we have brought on John Sierdzinski to assist in coaching the novice boys for the Spring.

Altogether we are very optimistic and cannot wait to get on the water.

- Coach Hancock

Coaches Matt & Liz show the novice the parts of a boat





**Wappingers**

**Crew Club**

## Wappingers Crew Club, Inc.

P.O. Box 221

Hopewell Junction, NY 12533

<http://www.wappingerscrewclub.org/>

E-mail: [wccwinning@gmail.com](mailto:wccwinning@gmail.com)

Twitter: @WCCWinning

Instagram: WappingersCrewClub

“No gift is too small (no gift is too big either!)... If you would consider a holiday gift to the Crew Club or if you want a tax break for next year, (gifts to WCC, Inc. are tax deductible) or if you simply have good memories of your days on the water and want to be sure other kids get the same chance you had, we would be most appreciative.” - Coach Hancock

[Click Here to Donate!](#)  
[WCC - PayPal](#)

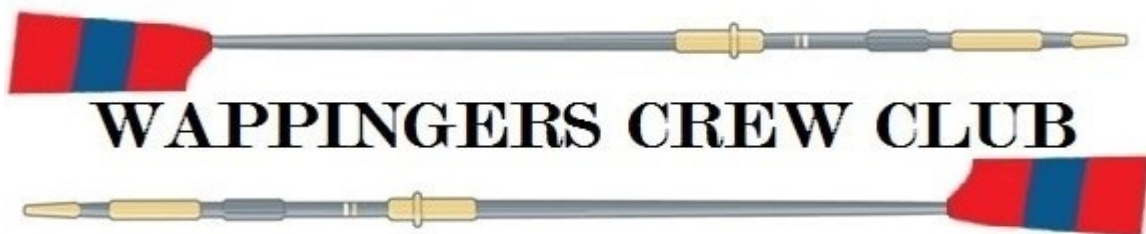


Press the Button, Scan the QR Code or Click the Link to Donate!

[https://www.paypal.com/cgi-bin/webscr?cmd=\\_s-xclick&hosted\\_button\\_id=MQ36YS2MYT7SE&source=url](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=MQ36YS2MYT7SE&source=url)

## 2020 Schedule

- 3/7 - HRRR Indoor Erg Race  
Poughkeepsie High School, Poughkeepsie, NY
- 4/25 & 4/26- Saratoga Invitational  
Lee's Park, Saratoga Springs, NY
- 4/29- Dutchess Cup  
HRRR Boathouse, Poughkeepsie, NY
- 5/1- Novice Triangulars  
HRRR Boathouse, Poughkeepsie, NY
- 5/2- Triangular Regatta  
HRRR Boathouse, Poughkeepsie, NY
- 5/9 & 5/10- NYS Championships  
Lee's Park, Saratoga Springs, NY
- 5/16- Syracuse Invitational  
Long Branch Park, Syracuse, NY
- 5/17- Novice Race @ Pinecliff  
Pinecliff Lake, West Milford, NJ
- 5/19- WARS Regatta  
HRRR Boathouse, Poughkeepsie, NY
- 5/30- HVRL Championships  
HRRR Boathouse, Poughkeepsie, NY
- 5/31- Row for the Cure  
HRRR Boathouse, Poughkeepsie, NY
- End of the Year Banquet (Date TBD)  
HRRR Boathouse, Poughkeepsie, NY



**WAPPINGERS CREW CLUB**